

## FEBRUARY ACTIVITY PROGRAMME

					<p><b><u>Saturday 1<sup>st</sup> February</u></b>            11am – In the News (BL)            2pm – Reminiscence (BL)            One to One – RM 5</p>	<p><b><u>Sunday 2<sup>nd</sup> February</u></b>            11am – Prayers and Reflection (BL+SL)            3pm – Church Service with Newtownbreda (BL)            One to One - RM 6</p>
<p><b><u>Monday 3<sup>rd</sup> February</u></b>            11am – Spelling Bee (BL)            2pm – Hangman (BL)            One to One –RM 7</p>	<p><b><u>Tuesday 4<sup>th</sup> February</u></b>            11am – Bean Bags (BL)            2.30pm – Pet Therapy with Claire (BL)            One to One – RM 8</p>	<p><b><u>Wednesday 5<sup>th</sup> February</u></b>            11am – In The News (BL)            2pm – Musical Afternoon with Trevor (BL)            One to One – RM 9</p>	<p><b><u>Thursday 6<sup>th</sup> February</u></b>            11am – Maths Challenge (BL)            2pm – Sing Along (BL)            One to One – RM 10</p>	<p><b><u>Friday 7<sup>th</sup> February</u></b>            11am – Armchair Golf (BL)            2pm – Cooking (BL)            One to One – RM 11</p>	<p><b><u>Saturday 8<sup>th</sup> February</u></b>            11am – Skittles (BL)            2pm – Dominoes (BL)            One to One – RM 12</p>	<p><b><u>Sunday 9<sup>th</sup> February</u></b>            11am – Prayers and Reflection (BL+SL)            2pm – Noughts and Crosses (BL)            One to One – RM 13</p>
<p><b><u>Monday 10<sup>th</sup> February</u></b>            11am – Alphabet (BL)            2pm – Gardening (BL)            One to One - RM 14</p>	<p><b><u>Tuesday 11<sup>th</sup> February</u></b>            11am – Quiz (BL)            2pm – Craft (BL)            One to One – RM 15</p>	<p><b><u>Wednesday 12<sup>th</sup> February</u></b>            11am – Armchair Aerobics (BL)            2pm - Baking (BL)            One to One - RM 16</p>	<p><b><u>Thursday 13<sup>th</sup> February</u></b>            11am – Flower Arranging (BL)            2pm – Movie Afternoon (BL)            One to One – RM 17</p>	<p><b><u>Friday 14<sup>th</sup> February</u></b>  <b>VALENTINE'S DAY</b>            11am – Pampering Morning (BL)            2pm – Valentine's Afternoon Tea (QR)            One to One – RM 18</p>	<p><b><u>Saturday 15<sup>th</sup> February</u></b>            11am – In the News (BL)            2pm – Poetry (BL)            One to One – RM 19</p>	<p><b><u>Sunday 16<sup>th</sup> February</u></b>            11am – Prayers and Reflection (BL+SL)            2pm – Hoopla (BL)            One to One – RM 20</p>
<p><b><u>Monday 17<sup>th</sup> February</u></b>            11am – Eye Spy (BL)            2pm – Parachute Games (BL)            One to One – RM 21</p>	<p><b><u>Tuesday 18<sup>th</sup> February</u></b>            11am – Musical Morning with Tom (BL)            2pm – Riddles (BL)            One to One – RM 22</p>	<p><b><u>Wednesday 19<sup>th</sup> February</u></b>            11am – Chequers (BL)            2pm – Story Telling (BL)            One to One – RM 23</p>	<p><b><u>Thursday 20<sup>th</sup> February</u></b>            11am – In the News (BL)            2pm – Balloon Tennis (BL)            One to One – RM 24</p>	<p><b><u>Friday 21<sup>st</sup> February</u></b>            11am – H/N Care (BL+SL)            2pm – Musical Bingo (BL)            One to One –RM 25</p>	<p><b><u>Saturday 22<sup>nd</sup> February</u></b>            11am – Bowls (BL)            2pm – Old Belfast (BL)            One to One – RM 26</p>	<p><b><u>Sunday 23<sup>rd</sup> February</u></b>            11am – Prayers and Reflection (BL+SL)            2pm –Church Service with Belfast Church of Christ (BL)            One to One – RM 27</p>
<p><b><u>Monday 24<sup>th</sup> February</u></b>            11am – Board Games (BL)            2pm – Guess Who (BL)            One to One – RM 28</p>	<p><b><u>Tuesday 25<sup>th</sup> February</u></b>            11am – Play Dough Therapy (BL)            2pm – Through the Hoop (BL)            One to One – RM 29</p>	<p><b><u>Wednesday 26<sup>th</sup> February</u></b>            11am – Pampering Morning (BL)            2pm – Food Tasting Afternoon (BL)            One to One – RM 31</p>	<p><b><u>Thursday 27<sup>th</sup> February</u></b>            11am – In the News (BL)            2pm – Bird Food Making (BL)            One to One – RM 32</p>	<p><b><u>Friday 28<sup>th</sup> February</u></b>            11am – Armchair Aerobics (BL)            2pm – Massage with Jenni (BL)            One to One – RM 33</p>	<p><b><u>Saturday 29<sup>th</sup> February</u></b>            11am – Hand Massage (BL+SL)            2pm – Movie Afternoon (QR)            One to One – RM 34</p>	